



SESSION C - NASHUA GYM SCHEDULE

Monday December 31st 2018 to Sunday February 24th 2019

Updated 12/29/18

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back
6:00am														
6:15am														
6:30am														
6:45am														
7:00am														
7:15am	Paws									Paws				
7:30am	Paws									Paws				
7:45am	Paws									Paws				
8:00am														
8:15am														
8:30am														
8:45am														
9:00am														
9:15am														
9:30am			Cardio Kickboxing							Bootcamp				
9:45am			Express Abs	My Lil' Rookie & Me					Pre-K Basketball		Bootcamp			
10:00am														
10:15am														
10:30am	Silver Sneakers								Pre-K Soccer	Silver Sneakers				
10:45am	Silver Sneakers													
11:00am														
11:15am														
11:30am														
11:45am														
12:00pm														
12:15pm														
12:30pm														
12:45pm														
1:00pm	Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball					
1:15pm	Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball					
1:30pm	Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball					
1:45pm	Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball					
2:00pm														
2:15pm														
2:30pm														
2:45pm														
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4:00pm														
4:15pm														
4:30pm														
4:45pm														
5:00pm														
5:15pm														
5:30pm	Youth B-Ball Beginners (ages 6-9)													
5:45pm	Youth B-Ball Beginners (ages 6-9)													
6:00pm	Youth B-Ball Beginners (ages 6-9)													
6:15pm	Youth B-Ball Intermediate (ages 9-12)													
6:30pm	Youth B-Ball Intermediate (ages 9-12)													
6:45pm	Youth B-Ball Intermediate (ages 9-12)													
7:00pm														
7:15pm														
7:30pm														
7:45pm														
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9:15pm														
9:30pm														
9:45pm														
10:00pm														

Storm Dryland

FACILITY CLOSED

Trail Mix

Badminton

Youth Basketball League

Open Shoot

Pick Up

YMCA Church League Basketball

Saturdays - All other times is open court. Birthday parties available to be booked.

Sundays - All other times is open court. Birthday parties available to be booked.

Homeschool Gym 1st & 3rd of each month

FACILITY CLOSED

FACILITY CLOSED

Nashua Basketball League

Volleyball League

Badminton

Badminton

FACILITY CLOSED