



SESSION D - NASHUA GYM SCHEDULE

Monday March 4th to Sunday April 21st 2019

Updated 3/2/19

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday										
	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back									
6:00am																							
6:15am																							
6:30am																							
6:45am																							
7:00am	Paws								Paws		Storm Dryland		FACILITY CLOSED										
7:15am	Paws								Paws														
7:30am	Paws																						
7:45am	Paws										Trail Mix												
8:00am																							
8:15am																							
8:30am																							
8:45am																							
9:00am																							
9:15am																							
9:30am			Cardio Kickboxing							Bootcamp													
9:45am																							
10:00am			Express Abs								Bootcamp												
10:15am				My Lil' Rookie & Me					Pre-K Basketball		Youth Basketball League												
10:30am	Silver Sneakers			Pre-K Rookie Sports	Silver Sneakers				Pre-K Soccer	Silver Sneakers													
10:45am	Silver Sneakers																						
11:00am																							
11:15am																							
11:30am																							
11:45am																							
12:00pm	Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball														
12:15pm																							
12:30pm																							
12:45pm																							
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4:15pm																							
4:30pm	School's Out		School's Out		School's Out		School's Out		School's Out														
4:45pm	School's Out		School's Out		School's Out		School's Out		School's Out														
5:00pm	School's Out		School's Out		School's Out		School's Out		School's Out														
5:15pm	School's Out		School's Out		School's Out		School's Out		School's Out														
5:30pm	Youth B-Ball Beginners (ages 6-9)																						
5:45pm	Youth B-Ball Intermediate (ages 9-12)																						
6:00pm	Youth B-Ball Intermediate (ages 9-12)																						
6:15pm	Youth B-Ball Intermediate (ages 9-12)																						
6:30pm	Youth B-Ball Intermediate (ages 9-12)																						
6:45pm	Youth B-Ball Intermediate (ages 9-12)																						
7:00pm	Youth B-Ball Intermediate (ages 9-12)																						
7:15pm	Youth B-Ball Intermediate (ages 9-12)																						
7:30pm	Youth B-Ball Intermediate (ages 9-12)																						
7:45pm	Youth B-Ball Intermediate (ages 9-12)																						
8:00pm	Youth B-Ball Intermediate (ages 9-12)																						
8:15pm	Youth B-Ball Intermediate (ages 9-12)																						
8:30pm	Youth B-Ball Intermediate (ages 9-12)		Nashua Basketball League		Volleyball League		Badminton		Badminton														
8:45pm	Youth B-Ball Intermediate (ages 9-12)		Nashua Basketball League		Volleyball League		Badminton		Badminton														
9:00pm	Youth B-Ball Intermediate (ages 9-12)		Nashua Basketball League		Volleyball League		Badminton		Badminton														
9:15pm	Youth B-Ball Intermediate (ages 9-12)		Nashua Basketball League		Volleyball League		Badminton		Badminton														
9:30pm	Youth B-Ball Intermediate (ages 9-12)		Nashua Basketball League		Volleyball League		Badminton		Badminton														
9:45pm	Youth B-Ball Intermediate (ages 9-12)		Nashua Basketball League		Volleyball League		Badminton		Badminton														
10:00pm	FACILITY CLOSED																						

Open Shoot (Blue box)

Pick Up (Green box)

Saturdays - All other times is open court. Birthday parties available to be booked.

Sundays - All other times is open court. Birthday parties available to be booked.

FACILITY CLOSED

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