



SESSION E - NASHUA GYM SCHEDULE

Monday April 29th to Sunday June 23rd, 2019

Updated 4/26/19

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday				
	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back	Courts 1 & 2 Front	Courts 3 & 4 Back			
6:00am																	
6:15am																	
6:30am																	
6:45am																	
7:00am	Paws								Paws					FACILITY CLOSED			
7:15am																	
7:30am																	
7:45am																	
8:00am										Trail Mix							
8:15am																	
8:30am																	
8:45am												Storm Dryland					
9:00am																	
9:15am			Cardio Kickboxing						Bootcamp								
9:30am																	
9:45am			Express Abs	My Lil' Rookie & Me				Pre-K Basketball		Bootcamp Stretch							
10:00am																	
10:15am	Silver Sneakers																
10:30am										Silver Sneakers							
10:45am										Pre-K Soccer							
11:00am																	
11:15am																	
11:30am																	
11:45am																	
12:00pm	Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball		Adult Pick Up Basketball								
12:15pm																	
12:30pm																	
12:45pm																	
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4:15pm																	
4:30pm	School's Out		School's Out		School's Out		School's Out		School's Out								
4:45pm																	
5:00pm																	
5:15pm																	
5:30pm	Youth B-Ball Beginners (ages 6-9)																
5:45pm																	
6:00pm																	
6:15pm	Youth B-Ball Intermediate (ages 9-12)																
6:30pm																	
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9:30pm																	
9:45pm																	
10:00pm	FACILITY CLOSED																

Open Shoot
Pick Up Game on one hoop only

Saturdays - All other times is open court. Birthday parties available to be booked.
Sundays - All other times is open court. Birthday parties available to be booked.

FACILITY CLOSED

FACILITY CLOSED

Badminton

Badminton