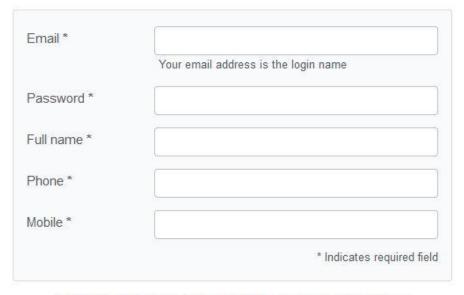**To Create an Account, Enter the Information and Click Create.**
A Confirmation Email Will be Sent to Your Email Address to Get Started.

New user for account YMCA of Greater Nashua

Please enter your details

Email *	
	Your email address is the login name
Password *	
Full name *	
Phone *	
Mobile *	
	* Indicates required field

A confirmation email will be sent to the supplied email address

Create   Back

File   Message   Insert   Options   Format Text   Review   Acrobat   Tell me what you want to do...

To...   SuperSaaS <noreply@supersaas.com>

Cc...

Bcc...

Subject   Please confirm your account for YMCA of Greater Nashua

Dear [MEMBER NAME],

Please confirm your email address by following this link:

https://www.supersaas.com/users/confirm/7443942?k=bf2a5135

Click on the Link in Your Confirmation Email to Confirm Your Email Address and Create Your Account.

If your mail program does not let you click the above link you can copy/paste it into your browser.

Username: [MEMBER EMAIL]

Thank you for signing up. You can view and change any of your information by clicking the link 'Your Settings' after you log in. We recommend that you keep a copy of this email for your reference.

Email address for "jmayeu@nmymca.org" confirmed

Please log in

Log in for YMCA of Greater Nashua schedule

User Log In

Email:

Password:

◉ Keep me logged in

○ Remember my email

○ Ask me every time

Log In

Create a new user account

Lost password?

After You Log In You Can then Choose From the List of Options For Group Exercise Classes, Cardio and Strength Fitness Blocks, and Lap Swim Schedules at Either Branch.

Successfully logged in

YMCA of Greater Nashua

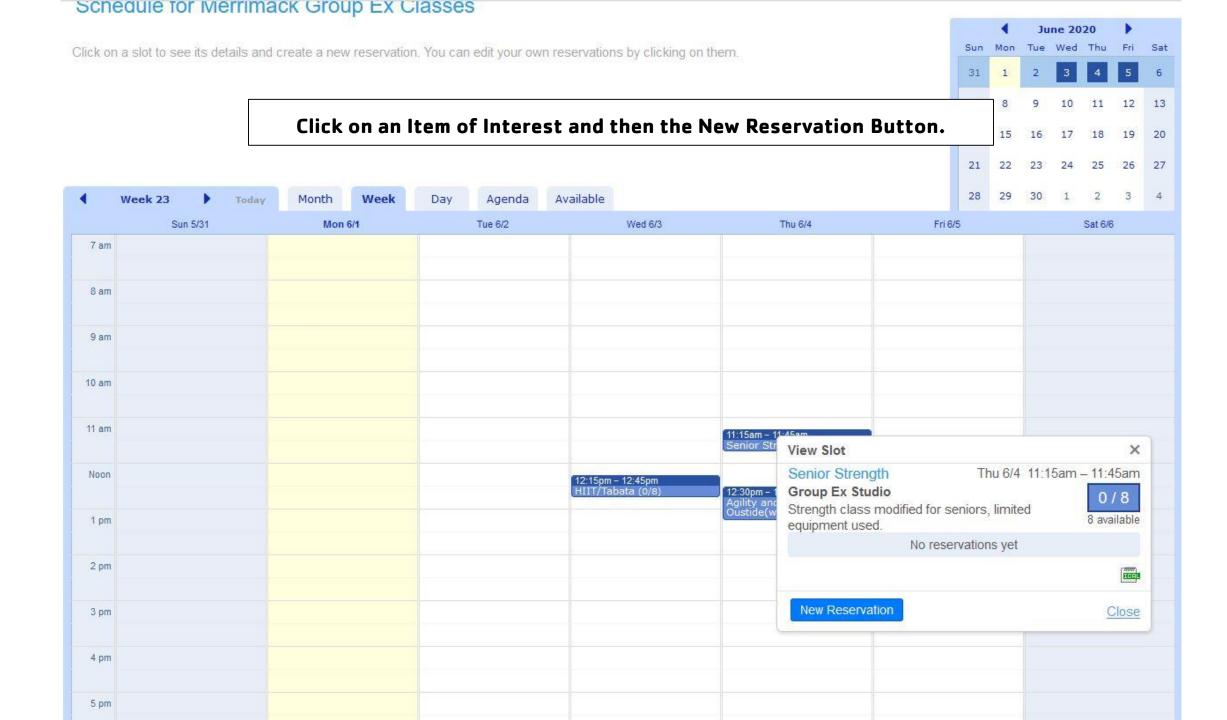| PLEASE SELECT ONE |
| --- |
| Merrimack Group Ex Classes |
| Merrimack Cardio and Strength |
| Merrimack Lap Swim |
| Nashua Cardio & Strength Blocks |
| Nashua Group Exercise Classes |
| Nashua Lap Swim |

After Clicking a Link You'll See the Calendar of Available Openings.

Schedule for Merrimack Group Ex Classes

Click on a slot to see its details and create a new reservation. You can edit your own reservations by clicking on them.

◀		June 2020				▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

◀   **Week 23**   ▶   Today | Month | **Week** | Day | Agenda | Available

	Sun 5/31	Mon 6/1	Tue 6/2	Wed 6/3	Thu 6/4	Fri 6/5	Sat 6/6
7 am							
8 am							
9 am							
10 am							
11 am					11:15am – 11:45am Senior Strength (0/8)		
Noon				12:15pm – 12:45pm HIIT/Tabata (0/8)	12:30pm – 1:15pm Agility and Stabilty (0/8) Oustide(weather permitting)	12:15pm – 12:45pm HIIT/Tabata (0/8)	
1 pm							

Schedule for Merrimack Group Ex Classes

Click on a slot to see its details and create a new reservation. You can edit your own reservations by clicking on them.

	June 2020					
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
8	9	10	11	12	13	
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◄ Week 23 ► Today | Month | **Week** | Day | Agenda | Available

Sun 5/31	Mon 6/1	Tue 6/2	Wed 6/3	Thu 6/4	Fri 6/5	Sat 6/6

7 am

8 am

9 am

10 am

11 am

11:15am – 11:45am
Senior Str

Noon

12:15pm – 12:45pm
HIIT/Tabata (0/8)

12:30pm –
Agility and
Oustide(w

1 pm

2 pm

3 pm

4 pm

5 pm

View Slot   ✕

Senior Strength   Thu 6/4 11:15am – 11:45am

Group Ex Studio   0 / 8

Strength class modified for seniors, limited   8 available
equipment used.

No reservations yet

ICAL

New Reservation   Close

Schedule for Merrimack Group Ex Classes

Click on a slot to see its details and create a new reservation. You can edit your own reservations by clicking on them.

	June 2020					
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

You're Information Should Automatically Fill in, but if it Doesn't Just Enter Your Email and Phone Number(s) and Check the Box if You Want an Email Confirmation.
If the Class is already Full it Will Create a Wait List and if There are Cancellations it Will Automatically Choose the Next Person in Line and Send Them an Email to Notify Them

Fri 6/5   Sat 6/6

7 am

8 am

9 am

10 am

11 am

11:15am – 11:45am
Senior

Noon

12:15pm – 12:45pm
HIIT/Tabata (0/8)

12:30pm
Agility
Oustide

1 pm

2 pm

3 pm

4 pm

5 pm

New Reservation   ✕

Senior Strength   Thu 6/4 11:15am – 11:45am
Group Ex Studio   0 / 8
                                     8 available

Full name *   [redacted]

Phone *   [redacted]

Mobile   [redacted]

Confirm   ☐ Send email   * Indicates required field

[Create Reservation]   Cancel

To Delete a Reservation Click the Trash Can