



**To Create an Account, Enter the Information and Click Create.  
A Confirmation Email Will be Sent to Your Email Address to Get Started.**

New user for account YMCA of Greater  
Nashua

Please enter your details

Email *	<input type="text"/>
	Your email address is the login name
Password *	<input type="password"/>
Full name *	<input type="text"/>
Phone *	<input type="text"/>
Mobile *	<input type="text"/>

\* Indicates required field

A confirmation email will be sent to the supplied email address

Create

[Back](#)

RE: Please confirm your account for YMCA of Greater Nashua - Message (HTML)

File Message Insert Options Format Text Review Acrobat Tell me what you want to do...

Cut Copy Paste Format Painter Clipboard

Basic Text

Address Book Check Names Attach File Attach Item Attach File via Link Adobe Acrobat Follow Up High Importance Low Importance View Templates My Templates

To...

Cc...

Bcc...

Send

Subject

Dear [MEMBER NAME],

Please confirm your email address by following this link:

<https://www.supersaas.com/users/confirm/7443942?k=bf2a5135>

If your mail program does not let you click the above link you can copy/paste it into your browser.

Username: [MEMBER EMAIL]

Thank you for signing up. You can view and change any of your information by clicking the link 'Your Settings' after you log in. We recommend that you keep a copy of this email for your reference.

**Click on the Link in Your Confirmation Email to Confirm Your Email Address and Create Your Account.**



**Log In to the Reservation System by Entering Your Email Address and Password and Clicking Log In.**

Email address for "jmayeu@nmymca.org" confirmed

Please log in

Log in for YMCA of Greater Nashua schedule

User Log In

Email:

Password:

- Keep me logged in
- Remember my email
- Ask me every time

Log In

[Create a new user account](#)

[Lost password?](#)



**After You Log In You Can then Choose From the List of Options For Group Exercise Classes, Cardio and Strength Fitness Blocks, and Lap Swim Schedules at Either Branch.**

Successfully logged in

## YMCA of Greater Nashua

PLEASE SELECT ONE
<a href="#">Merrimack Group Ex Classes</a>
<a href="#">Merrimack Cardio and Strength</a>
<a href="#">Merrimack Lap Swim</a>
<a href="#">Nashua Cardio &amp; Strength Blocks</a>
<a href="#">Nashua Group Exercise Classes</a>
<a href="#">Nashua Lap Swim</a>



**After Clicking a Link You'll See the Calendar of Available Openings.**

## Schedule for Merrimack Group Ex Classes

Click on a slot to see its details and create a new reservation. You can edit your own reservations by clicking on them.

June 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

	Week 23	Today	Month	Week	Day	Agenda	Available
	Sun 5/31	Mon 6/1	Tue 6/2	Wed 6/3	Thu 6/4	Fri 6/5	Sat 6/6
7 am							
8 am							
9 am							
10 am							
11 am						11:15am - 11:45am Senior Strength (0/8)	
Noon				12:15pm - 12:45pm HIIT/Tabata (0/8)	12:30pm - 1:15pm Agility and Stability (0/8) Outside(weather permitting)	12:15pm - 12:45pm HIIT/Tabata (0/8)	
1 pm							

# Schedule for Merrimack Group Ex Classes

Click on a slot to see its details and create a new reservation. You can edit your own reservations by clicking on them.

June 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
	8	9	10	11	12	13
	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

**Click on an Item of Interest and then the New Reservation Button.**

Navigation: [Week 23](#) | [Today](#) | [Month](#) | [Week](#) | [Day](#) | [Agenda](#) | [Available](#)

	Sun 5/31	Mon 6/1	Tue 6/2	Wed 6/3	Thu 6/4	Fri 6/5	Sat 6/6
7 am							
8 am							
9 am							
10 am							
11 am					11:15am - 11:45am Senior Str		
Noon				12:15pm - 12:45pm HIIT/Tabata (0/8)	12:30pm - 1 Agility and Outside(w		
1 pm							
2 pm							
3 pm							
4 pm							
5 pm							

**View Slot** [X]

**Senior Strength** Thu 6/4 11:15am – 11:45am

**Group Ex Studio** 0 / 8

Strength class modified for seniors, limited equipment used. 8 available

No reservations yet

[New Reservation](#) [Close](#)

# Schedule for Merrimack Group Ex Classes

Click on a slot to see its details and create a new reservation. You can edit your own reservations by clicking on them.

June 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

Fri 6/5 Sat 6/6

**You're Information Should Automatically Fill in, but if it Doesn't Just Enter Your Email and Phone Number(s) and Check the Box if You Want an Email Confirmation. If the Class is already Full it Will Create a Wait List and if There are Cancellations it Will Automatically Choose the Next Person in Line and Send Them an Email to Notify Them**

Time	Class	Capacity
7 am		
8 am		
9 am		
10 am		
11 am		
Noon	12:15pm - 12:45pm HIIT/Tabata (0/8)	0/8
1 pm		
2 pm		
3 pm		
4 pm		
5 pm		

### New Reservation

Senior Strength Thu 6/4 11:15am - 11:45am  
Group Ex Studio 0 / 8  
8 available

Full name \*

Phone \*

Mobile

Confirm  Send email \* Indicates required field

[Create Reservation](#) [Cancel](#)

14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

	Sun 5/31	Mon 6/1	Tue 6/2	Wed 6/3	Thu 6/4	Fri 6/5	Sat 6/6
7 am							
8 am							
9 am							
10 am							
11 am					11:15am - 11:45am Senior Strength (0/8)		
Noon				12:15pm - 12:45pm HIIT/Tabata (1/8)	12:30pm - 1:15pm	12:15pm - 12:45pm HIIT/Tabata (0/8)	
1 pm							
2 pm							
3 pm							
4 pm							
5 pm							
6 pm							

**To Delete a Reservation Click the Trash Can**

**View Slot** ✕

HIIT/Tabata Wed 6/3 12:15pm – 12:45pm

**Group Ex Studio** 1 / 8

High intensity body weight workout, using either HIIT or Tabata format. 7 available

This class will be recorded.

Full name	Created by	Created on
Jason Mayeu	jmayeru@nmymca.org	6/1/2020 12:16pm

[New Reservation](#)

**Edit Reservation** ✕


Full name \*

Phone \*

Mobile

Confirm  Send email \* Indicates required field

Created on 6/1/2020 12:16pm by jmayeru@nmymca.org

[Update Reservation](#)  [Close](#)