



PERSONAL SWIM LESSONS

Personal Swim Lesson Application YMCA of Greater Nashua

We provide personal swim lessons to family members, youth members & community members, three years of age or older, who want to improve their swimming technique, skills, and knowledge. An instructor will provide personalized instruction based on the strengths and needs. Each lesson will last 30 minutes and will focus on the areas of improvement you would like to see.

Personal Swim Lesson Packages:

- 1 Lesson: \$30 Family Member / \$37.50 Youth Member / \$45 Community Member
- 4 Lessons: \$120 Family Member / \$150 Youth Member / \$180 Community Member
- 8 Lessons: \$240 Family Member / \$300 Youth Member / \$360 Community Member



Personal Swim Lesson Procedures:

- Complete the registration form on the back to submit your request for lessons.
- Once the application is completed, please turn it into the front desk in Merrimack or Nashua or via email to an Aquatics Director - please allow the Aquatics Department a minimum of 1 week to process your application.
- As soon as an opening is available, a member of the Aquatics Department will contact you to schedule your lessons.
- Payments for personal swim lessons must be made prior to your first lesson.

For questions regarding personal swim lessons, please contact:

Allie Thomas | Merrimack Aquatics Director

athomas@nymymca.org

603.881.7778 (Merrimack) | 603.689.2419 (Direct)

Meredith Stensaas | Nashua Aquatics Director

Mstensaas@nymymca.org

603.882.2011 (Nashua) | 603.689.2665 (Direct)

REGISTRATION FORM

Please complete the information below and return it to the Welcome Center in the Merrimack Y or the Nashua Y or via email to athomas@nmymca.org (Merrimack) mstensaas@nmymca.org (Nashua). Please allow a minimum of 1 week for the Aquatics Department to process your application and make contact to set up your lessons.

Participant Name: _____

DOB: _____ Email: _____

Parent/Guardian Name: _____

Phone Number: _____

Diverse Abilities: _____

Reason for Lessons: _____

Swimming Ability (please circle): Beginner Intermediate Advanced

Desired Package (please circle): 1 lesson 4 lessons 8 lessons

Preferred Branch: ___ Merrimack ___ Nashua

Requested Start Date: _____

Requested day of the week: _____

Requested time of day: _____

Preferred Instructor (if any): _____

Please Initial the Following:

___ I agree to pay for all personal swim lessons in full before my first scheduled lesson with the instructor.

___ I understand that in order for me to cancel my scheduled lesson and not be charged, I must contact my instructor (not the YMCA) at least 24 hours prior to the lesson.

___ If I arrive late for my lesson, I understand that my lessons will only last for the remaining time of the scheduled lesson.

___ By signing below, I agree to the above conditions for the Personal Swim Lesson Policies, as well as other policies at this facility.

Printed Name: _____

Signature & Date: _____

Aquatics Department Use Only

Date Completed Application Received: _____

Instructor: _____ Day/Time: _____